

**Harrison High School Physical Education  
Class Policies**

**LIFE SPORTS**

**Coach Mark Elkins / [mark.elkins@cobbk12.org](mailto:mark.elkins@cobbk12.org)**

1. Be on time to class. Once the tardy bell rings, you are to be seated, facing forward on your roll call spot. ***There is absolutely no laying down in roll call. (1<sup>st</sup> offense is a warning. There after push ups!)*** You are allowed to dress out after attendance has been taken and announcements have been made.
2. **ABSOLUTELY** no drinks, candy, or food allowed on the gym floor! **Morning Detention** will be assigned for any student caught violating this rule.
3. After dressing in at the end of the period, you must be in an assigned area (weight room hallway or gym hallway).
4. ***No Profanity. No Teasing. No Bullying. All offenses will result in a punishment that may include but not limited to push ups, detention and/or administrative referral.***
5. Respect all teachers, substitute teachers, and classmates.
6. Respect all PE equipment and facilities.
7. Dress: gym shorts (no buttons or zippers)  
T shirts (no alcohol, tobacco, or inappropriate slogans)  
Sports socks  
Tennis shoes  
Sweats when needed – Pay close attention to the weather report.
8. Each student must furnish his/her own combination lock. The combination must be given to your teacher.
9. Use the restroom before class begins.
10. No one is allowed in the locker room for any reason once the locker room is locked. If you are checking out early, you need to bring all of your clothes and belongings with you to class after dressing out. I will give you enough time to dress out in the rest room before leaving.
11. Please check my blog for any and all information needed for our class. My BLOG will be updated weekly.

## Semester Grade Breakdown

**- Participation = Dress out & participate (Weekly grade) 80%**

**- Movement Patterns**

**- Health Related Fitness**

PEHS.1: Demonstrates competency in motor skills and movement patterns needed to perform a variety of physical activities

PEHS.2: Demonstrates understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and Performance of physical activities.

PEHS.3: Participates regularly in physical activity.

PEHS.4: Achieves and maintains a health enhancing level of physical fitness

PEHS.5: Exhibits responsible personal and social behavior that respects self and others in physical activity settings.

PEHS.6: Values and respects physical activity

**- Final Exam 20%**

1. 100% effort is expected of you everyday.
2. You will begin each week with 20 points. Each day you do not dress out, you will lose 5 points off your daily grade.
3. No work, no Credit: If you do not participate, you will lose 5 points off your weekly grade.
4. Any unexcused absence counts the same as a dress cut and results in a 5-point deduction.

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***PLEASE READ WITH YOUR PARENTS, SIGN, DETATCH & RETURN TO ME***

**I \_\_\_\_\_ have read and understand all of the class policies. I agree to abide by these policies and understand that if I fail to do so the result may be but not limited to push ups, detention, disciplinary write up, parent/teacher conference, ISS and/or OSS.**

**Student Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Class Period:** \_\_\_\_\_

**Parent Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_